

# Advanced Practice Provider Pharmacology Conference **2025**

Tuesday, October 7 | 8:30 a.m. – 4:30 p.m. Hybrid event (in-person and online)





#### **DIRECTOR**

Jennifer Wilson, MSN, APRN, FNP Cleveland Clinic Community Care

#### PLANNING COMMITTEE

Rebecca Cesa, MSN, APRN-CNP, CPHQ Margaret Contrera, DNP, CRNA Ni Ketut Kumala Dewi Hariadi, MSN, APRN, AGNP

Brennon Sailors, PA-C Kristina Vaji, MSN, FNP-C Anne Vanderbilt, MSN, APRN, CNP, CNS

# **Contributing Members**

Carrie Cuomo, DNP, CPNP (AC/PC)
Alison Heider, MSN, CNP
June Kim, MSN, FNP
Nichole Rush, APRN
Somjita (Jita) Sarkar, APRN-CNP
Shannon Sikorski, FNP-BC
Robon Vanek, MSN, CNP

#### **CLEVELAND CLINIC FACULTY**

Rachel Ialacci, PharmD, PGY2
Danielle Knoble, DNP, FNP-C
Julia E. Kuroski, PharmD, BCCCP
Nishi Rajguru, APRN, CNP, PMHNP-BC
Hernan Rincon-Choles, MD, MBA
Kathleen Tripepi-Bova, DNP

#### **FACULTY DISCLOSURE**

The Cleveland Clinic Center for Continuing Education has implemented a policy to comply with the current Accreditation Council for Continuing Medical Education Standards for Integrity and Independence requiring mitigation of all faculty conflicts of interest. Faculty declaring a relevant financial relationship will be identified in the activity syllabus.

## **OVERVIEW**

Join us for the Advanced Practice Provider Fall Pharmacology Conference!

The conference will close the gap in pharmacological care for advanced practice providers managing diseases and symptoms in a constantly changing healthcare environment.

# TARGET AUDIENCE

This educational activity is intended for advanced practice nurses.

## **OBJECTIVES**

- » Recognize and differentiate among pharmacological options for treating depression and anxiety, including safe application of combination therapies and cross-tapering strategies.
- » Incorporate the short-term use of PRN medications when initiating SSRIs/ SNRIs for anxiety management.
- » Identify appropriate referral criteria and processes for accessing Psychiatry and Psychology resources within the Cleveland Clinic system.
- Discuss the pathophysiology of asthma and align treatment interventions with therapeutic goals to improve patient outcomes.
- » Review the mechanism of action of diuretics and explore the clinical use of different diuretic classes in various care settings.
- Examine current guidelines and pharmacologic treatments related to the diagnosis and management of osteoporosis.





# **AGENDA**

8:45 a.m. Welcome and opening remarks

9:00 a.m. Principles of Diuretic Use

Hernan Rincon-Choles, MD, MBA, Kidney Medicine

10:00 a.m. Asthma Updates

Kathleen Tripepi-Bova, DNP

11:00 a.m. Break

11:10 a.m. Sepsis and Resuscitation Medications

Julia E. Kuroski, PharmD, BCCCP

12:10 p.m. Lunch and vendors

1:10 p.m. Hepatitis B, Hepatitis C, MASH/MAFLD and Primary

**Biliary Cholangitis** 

Danielle Knoble, DNP, FNP-C

2:10 p.m. Anxiety and Depression Management in Primary Care

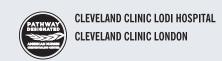
Nishi Rajguru, APRN, CNP, PMHNP-BC

3:10 p.m. Strong and Steady: Osteoporosis Update

Rachel Ialacci, PharmD, PGY2

4:10 p.m. Closing remarks and evaluations







## **ACCREDITATION**

In support of improving patient care, Cleveland Clinic Center for Continuing Education is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), the State Medical Board of Ohio and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

#### American Nurses Credentialing Center (ANCC)

Cleveland Clinic Center for Continuing Education designates this live activity for 6 ANCC contact hours.

#### American Academy of PAs (AAPA)

Cleveland Clinic Center for Continuing Education has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation.

# GENERAL/REGISTRATION INFORMATION

Cleveland Clinic South Pointe Hospital, Auditorium B, 20000 Harvard Road, Warrensville Heights, OH 44122

For further information about this activity, contact Jennifer Wilson at <a href="mailto:jwilson1@ccf.org">jwilson1@ccf.org</a> or 440.251.6144.

#### Register online at <u>clevelandclinic.org/apppharmacology</u>

Registrations are accepted online until 9 a.m. EST, October 1. A full refund will be issued for cancellations made by October 1. NO CANCELLATIONS AFTER October 1.

## **FEES**

Cleveland Clinic Employee: \$100 Non-Cleveland Clinic Employee: \$125

#### AMERICANS WITH DISABILITIES ACT

Cleveland Clinic Center for Continuing Education fully intends to comply with the legal requirements of the Americans with Disabilities Act. If you need assistance, please notify the APRN Education Committee at 440.251.6144 at least two weeks prior to the activity.